

CITY HIGH HOLIDAY SPORT CAMP 2019



Girls Basketball

Register at: iccityhighsportscamps.myonlinecamp.com

Date: JANUARY 2 & 3 **Equipment:** t-shirt, shorts, basketball shoes
Time: 8:30am - 10:30am **Location:** City High Gym
Grades: 4-8 (2018-19) **Staff:** Bill McTaggart, City High staff, varsity players
Cost: \$25 (includes t-shirt & prizes)

Objectives:

1. Develop fundamentals of dribbling, passing, shooting individual defense, team defense and rebounding.
2. Players will become faster, quicker and stronger through participation in the strength and conditioning program.
3. Connect youth players with the City High program.
4. Provide information for continued participation in basketball.

For more information contact:

Bill McTaggart- City High Head Coach
319-321-2212 mctaggart.bill@iowacityschools.org

WWW.LITTLEHAWKATHLETICS.COM  @CITYHIGHSPTS

Register for all camps at:

iccityhighsportscamps.myonlinecamp.com